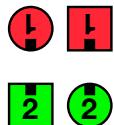


First Night Sicilian Circle

Calvin Campbell

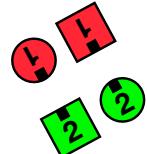


Sicilian Circles are composed of facing couples or pairs in a wagon wheel formation. You can view a YouTube clip showing the formation by [clicking here](#). The same clip also shows the following dance routine.



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1-8 Turn opposite person Right Hand Around

9-16 Turn opposite person Left Hand Around

17-24 Circle Four to the Left 8 steps

25-32 Circle Four to the Right 8 steps

33-40 Left ends of the line (men) Turn Right Hand Around

41-48 Right ends of the line (ladies) Turn Left Hand Around

49-54 Pairs Forward & Back

55-64 #1s Arch and #2s Duck Thru to the next pair

I use this dance fairly early in the evening. I have already done **Arm Turns** in earlier dances. Usually in a **Big Circle**. As you will hear in the video, I have already used #1s Arch and #2s Duck Thru. Who is #1 pair and who is #2 pair can vary. The whole dance routine is really a teaching exercise to reinforce **Right** and **Left Hand Arm Turns**.

I find that **Arm Turns** are very useful at Beginner Dance Parties and in Community Dancing. They are what I call “assisted movements”. In assisted movements, two or more people are physically connected and can “assist” each other.

You may notice that the commands are genderless. If one or both of the pair are of the same gender, they can still understand the directions. The **Arm Turns** are done with the inside hands. Some of the people in the video have to figure that out. The inside hand of the pair seems to be the one most people prefer to use so I don’t fight them. You can prompt the dance saying, “Use the inside hand.”

If you watch the video, you will notice several other things I do to explain the directions clearly.

The music is “Tip Top”. ([Click here](#)) It is a march tune on the LSF label. The music is labeled as a quadrille, but the music plays through 5 times. This is a good length for a first night Sicilian Circle.